

# starts

<b>rice fritters</b> corn-fried tomatoes/onion salsa	9.95
<b>spanish horns</b> spiced ground lamb/black olives/jack cheese/salsa/yogurt	9.95
<b>bruschetta</b> sundried tomato/roasted garlic/herbs	10.95
<b>potato rosti</b> blue cheese and Louisiana sauce	9.95
<b>pita flat breads</b> <ul style="list-style-type: none"><li>• tomato/red onion/black olive/ jack cheese</li><li>• goat cheese/black olives/roasted garlic</li><li>• shrimp/hummus/artichoke/mushroom</li><li>• chicken/roasted peppers/sundried tomato</li></ul>	9.50 10.50 11.50 12.50
<b>pei mussels</b> chardonnay/garlic	14.95
<b>coconut shrimp</b> rice vinegar/chilies	14.95
<b>calamari</b> tandoori flour/soya sesame seed sauce	14.95

# soups

	CUP	BOWL
<b>vegetable barley soup</b>	5.25	7.95
<b>pumpkin &amp; sweet potato soup</b>	5.25	7.95

# salads

	SMALL	LARGE
<b>the kitchen</b> mixed greens/honey poppy-seed dressing	7.95	9.95
<b>the wedge</b> iceberg/tomato/cucumber/blue cheese dressing		10.95
<b>grilled vegetable</b> mixed greens/vegetable/balsamic vinegar		13.95
<b>caesar</b> fresh parmesan/classic dressing	7.95	9.95
<b>baby spinach</b> mushrooms/cranberries/strawberries/pecans	9.95	11.95
ADD ANY OF THESE OPTIONS TO YOUR SALAD		
• lamb		8.95
• chicken		6.45
• shrimp		7.45
• scallops		9.45
• pei mussels		4.95
• peameal bacon		4.95
• sausage		6.45
• feta or goat cheese		3.45

# stews, stacks & cutlets

<b>vegetable stew</b>	15.95
<b>chicken stew</b>	17.95
<b>beef stew</b>	18.95
<b>seafood stew</b> scallop/shrimp/mussels	19.95
<b>add dumplings</b>	2.95
<b>beef stacks</b> potato rosti with roasted vegetable/slow roasted beef/cornfried onions/slaw	19.95
<b>chicken stacks</b> potato rosti with roasted vegetable/slow roasted chicken/cornfried onions/slaw	19.95
<b>chicken cutlet w/Louisiana sauce</b> served with roasted vegetables & smashed red-skin potatoes	19.95
<b>lamb cutlet w/curry, chutney &amp; blueberry yogurt</b> served with roasted vegetables & smashed red-skin potatoes	23.95

# pasta & rice

All of our rice and pasta dishes are prepared as vegetarian entrées

<b>bow tie pasta</b> vegetables/garlic/olive oil	16.95
<b>penné</b> tomatoes/white beans/vegetables/chilies/feta cheese	17.95
<b>pasta shells</b> ricotta cheese/tomato sauce/walnuts	18.95
<b>spaghetti</b> vegetables/cream sauce	18.95
<b>"hoppin' john" rice</b> black-eyed peas/vegetables/salsa	16.95
<b>mediterranean rice</b> black olives/vegetables/feta cheese	17.95
<b>curry rice</b> pineapple/vegetables/chutney/yogurt	18.95
<b>mushroom risotto</b> button mushrooms/shiitake	18.95
<b>barley risotto</b> black beans/vegetables/cranberries/parmesan/pecans	18.95
ADD TO ANY PASTA OR RICE DISH	
• lamb	8.95
• chicken	6.45
• shrimp	7.45
• scallops	9.45
• pei mussels	4.95
• peameal bacon	4.95
• sausage	6.45
• feta or goat cheese	3.45

# fish & seafood

All items served with rice and vegetables

Our fresh caught whitefish from Purvis Fisheries comes out of the cool waters of Lake Huron off the shores of Manitoulin Island, the world's largest freshwater lake island. Whitefish is a fine textured and flaky white meat and considered one of the best eating freshwater fish to eat! This is what Ontario food is all about.

<b>whitefish Northern Lake Huron</b> your choice of corn fried, blackened, tandoori or baked served with rice and vegetables, tartar sauce and fresh lemon	24.95
<b>bay of fundy salmon</b> coconut milk/honey/lime	24.95
<b>yellow fin tuna</b> blackened/goat cheese/mushroom	33.95
<b>crab cakes w/tartar or chipotle seafood sauce</b> served with roasted vegetables & black-eyed peas & rice	24.95
<b>tiger shrimp</b> stuffed w/crab meat and wrapped in peameal bacon, blackened w/Louisiana sauce	28.95
<b>slow roasted lamb shank</b> red pepper jelly/mustard seed served with roasted vegetables & red-skin potatoes	27.95
<b>top sirloin steak 8 oz.</b> peppercorn sauce - OR - blackened - OR - horseradish/onion served with roasted vegetables & red-skin potatoes	31.95
<b>rack of pork ribs</b> bbq sauce, served with roasted vegetables & red-skin potatoes	32.95
<b>beef tenderloin 7 oz.</b> peppercorn sauce - OR - blackened - OR - horseradish/onion served with roasted vegetables & red-skin potatoes	36.95
<b>lamb meatball</b> served with couscous/raisins/peaches/cucumber yogurt	19.95
<b>bbq half chicken</b> served with roasted vegetables & red-skin potatoes	19.95

# desserts

<b>ice cream/frozen yogurt</b> cherry, vanilla, chocolate, or mix 'n' match/strawberry or vanilla yogurt	5.95
<b>banana bread pudding</b> vanilla cinnamon cream/caramelized walnuts	10.95
<b>hot chocolate fudge cake</b>	9.95
<b>daily dessert special</b> ask your server for today's special	8.95
<b>cream puffs</b> ice cream/coconut/raisins/hot caramel sauce	9.95
<b>chocolate tart</b> hot-dipped chocolate ice cream/amaretto fudge glaze	9.95
<b>baked nut tart</b> ice cream/maple syrup	9.95
<b>white chocolate cheesecake</b> warmed in phyllo pastry/fresh strawberries	11.95

# beverages

<b>coffee</b> regular/decaf	2.50
<b>cappuccino</b> regular/decaf	5.25
<b>espresso</b>	4.25
<b>latté</b>	5.25
<b>tea</b> (DOUBLE SIZED POT) earl grey, earl grey decaffeinated, chocolate chai, chamomile mint herbal, lemon green, lovers leap, orange pekoe, vanilla cream, black & berry berry herbal	3.25
<b>hot chocolate</b>	5.20
<b>pop</b> cola, diet cola, ginger ale, 7-up, orange, soda & tonic	SMALL 1.95 LARGE 2.45
<b>milk</b>	2.25 3.25
<b>juice</b> orange, apple, cranberry, pineapple, grapefruit, tomato, clamato, iced tea or lemonade	2.25 3.25
<b>san pellegrino spring water</b>	500 ML 6.95 1 LITRE 9.95
<b>bottled water (1L)</b>	3.10
<b>surfer dude</b> kiddie cocktail	1.65



# 3 GUYS AND A STOVE



Check out Jeff's cookbooks!

Regular price \$29.95  
dine in only you pay \$19.95

For large parties/corporate groups contact us at  
info@3guysandastove.com

www.3guysandastove.com

# 3 GUYS AND A STOVE

A restaurant for people with great taste!

Let us skillet you up!



# ONTARIO BBQ SKILLET

Serves minimum of 2 people

Comes with your choice of salad and your choice  
of 2 side dishes

Served in a black cast iron skillet,  
your choice of 2 meats, 3 meats or 4 meats

## salad

Select between kitchen or caesar

## meats

Black Angus Fine Meats, our main supplier, provides high quality beef, chicken and lamb from local farmers & producers. 3 Guys And A Stove is proud to support Mennonite Chicken from the area of Paisley, Ontario, Lamb from Elm Crest Farm in Paisley and AAA Black Angus, dry-aged beef from West Grey Premium Beef in Durham.

All meats served with caramelized onions and mushrooms

- top sirloin with creamy horseradish or peppercorn sauce
- lamb tenderloin butts with red pepper jelly or cucumber yogurt
- quarter roasted bbq chicken with bbq sauce
- pork Walkerton sausage with Louisiana sauce or hot mustard
- pork backribs with bbq sauce or honey and garlic
- ground beef patty with corn & jalapeno relish
- ground lamb patty with cucumber yogurt & chipotle sauce

## sides

- red-skinned smashed potatoes
- roasted vegetables
- coleslaw
- pasta with cream sauce
- whole grain rice with black eyed peas and salsa
- french fries

2 meats - \$27.95/per person

3 meats - \$32.95/per person

4 meats - \$38.95/per person

Prices exclusive of applicable taxes.